

# Small Volume Mixing Instructions

Use Under Medical Supervision

Ask your doctor about the appropriate caloric density needed for your child.



To prepare one serving of EleCare:

- 1** Wash your hands, surfaces, and utensils.
- 2** Pour desired amount of water into clean bottle (or other container).
- 3** Add designated amount of powder to the container. Return dry scoop to can.
- 4** Cap bottle or container; shake well for 15-20 seconds.
- 5** Store in refrigerator for up to 24 hours if product is not fed immediately. Shake well before serving again
- 6** Once feeding begins, use within one hour or discard.

DESIRED CALORIC DENSITY (Cal/fl oz)	SMALL VOLUMES		Approximate Yield (fl oz)
	Water (fl oz)	Powder* (unpacked level scoop†)	
<b>20</b> for infants	2	1	2
	4	2	4 ½
	6	3	6 ½
	8	4	9
<b>30</b> for children	2 ½	2	3
	5	4	6
	7 ½	6	9

**If your child needs EleCare in a different caloric density, ask your doctor to fill in the mixing instructions above.**

Note: When measured, powder should be unpacked and level. | \*EleCare powder may settle inconsistently. For more accurate results, EleCare powder should be weighed on a gram scale. | †"Scoop" refers to enclosed scoop.



# Large Volume Mixing Instructions

Use Under Medical Supervision

Ask your doctor about the appropriate caloric density needed for your child.

To prepare 1 liter of EleCare® using a standard measuring cup (not enclosed in can):



- 1** Wash your hands, surfaces, and utensils.
- 2** Add designated amount of powder to container.
- 3** Pour desired amount of water into clean container.
- 4** Cap container; shake well for 15 to 20 seconds. Add additional water to fill up to a final volume of 1000 mL.
- 5** Store in refrigerator and use within 24 hours. Shake well before serving again.

DESIRED CALORIC DENSITY (Cal/fl oz)	1000 ML VOLUMES		
	Powder* (unpacked level measure)	Approximate Amount of Water (fl oz)	Final Volume (powder + water) mL
<b>20</b> for infants	1 cup† + 1 scoop† (142 g)	890 mL (30 fl oz)	1000
<b>30</b> for children	1 cup† + 2/3 cup† (213 g)	830 mL (28 fl oz)	1000

**If your child needs EleCare in a different caloric density, ask your doctor to fill in the mixing instructions above.**

*Note: When measured, powder should be unpacked and level. | \*EleCare powder may settle inconsistently. For more accurate results, EleCare powder should be weighed on a gram scale. | †"Cup" refers to standard dry measuring cup. "Scoop" refers to enclosed scoop.*

